

## 'Own It' Art Gallery Launch

As part of National Youth Week 2011, the Sammy D Foundation, with support from **City of Onkaparinga** and **Unchain my Art** worked with the young residents of **Noarlunga Downs Community Unit** on – 'Own It' Art Project. The aim of the project was to encourage participants to express themselves through art.

On 8 June 2011 the Sammy D Foundation, volunteer peer mentor and chef **Sarah Bridgland** and the young people of the **Noarlunga Downs Community Unit** hosted the **Own It Art Gallery Launch** which showcased the artworks created.

The launch was a great opportunity for the kids to show their talents and take pride in their achievements. It also provide an opportunity for the Sammy D Foundation to show the success of the **Connect Peer Mentoring Program** that has been running for the past 10 months thanks to support from **Community Benefits SA**.

Invited guests included local and federal MPs, sports stars and other local government officials.

The young people from the Noarlunga Downs Community Unit assisted Sarah Bridgland in catering for the event including food and drink selection, preparation and service.



**Reynell MP Gay Thompson with Port Power's Cameron Hitchcock, Dean Brogan, Jackson Trengrove and Hamish Hartlett enjoyed the launch.**

## Grant News

During 2010, thanks to support from the **Attorney General's Department**, the foundation purchased laptops, a data projector and sound equipment to use at **Impact Presentations and Workshops**. The funding also subsidized costs of printing of educational material and petrol costs.

Our target number of presentations for the grant period was 30 and we are pleased to report that we far exceeded this. All of these presentations were delivered free of charge by volunteers. We have summarised some of our evaluation results in the Impact section of the news. **Impact Presentations and Workshops** now rely on donations and a small fee to support the time and resources needed for delivery. For more information or to book a presentation for your group, please contact [Nat](#)

Support from the **Premier and Cabinets Initiative Fund** has allowed us to purchase a wide range of interesting and fun pieces of recreational equipment for use in our **Connect Program**. This equipment will provide our volunteers with plenty of new options for activities to do with the young people we work with.

In the coming months we will be launching **Vocational Connect** thanks to support from the **Office for Youth** through **youthConnect** funding. The Vocational Connect Program is a 12 month pilot program that will engage **40 young people** in training and workshops that link a number of basic skills to practical application in the workplace. It will provide understanding of the relevance of these skills. The young people will then be linked to workplace mentors and provided with short periods of work observation.

## Save The Date

Up Coming Sammy D Events:

**Friday, 21st October 2011**

### 3rd Annual Corporate Golf Day Thaxted Park Golf Club

For Registration Or Sponsorship Information Contact:  
**Daniel Lowe** - 0449 901 151 or [info@sammydfoundation.org.au](mailto:info@sammydfoundation.org.au)

**Saturday, 23rd July 2011**  
**Bunning's BBQ – Marion Bunnings**  
8:30 am - 4:00 pm

**Guest appearance from Port Power's Hamish Hartlett**

**We Still Need Donations For This Event.**  
**If you can help us with any produce email:**

[info@sammydfoundation.org.au](mailto:info@sammydfoundation.org.au)

**Saturday, 18<sup>th</sup> September 2011**  
**2011 City To Bay - Sammy D Team**  
Further details in this newsletter

**Sunday, 30<sup>th</sup> October 2011**  
**Sammy D Foundation AGM**

Southern Youth Exchange Reynella (Behind Fasta Pasta)

Please contact [Janine](#) if you would like more information.

## Sammy D Connect

Four of our newest mentors: Port Power players **Jackson Trengove**, **Hamish Hartlett**, **Daniel Stewart** and **Cameron Hitchcock** have injected new energy into our **Connect Peer Mentoring Program**. The guys have been having a great time mixing it up with the kids, cooking, playing games and chatting. It means a lot to the kids that these really busy and motivated young public figures are prepared to give some time and participate so enthusiastically.

In the last 3 months we have supported another 8 young people by funding fees or uniforms so they can participate in recreation activities in their communities.

These activities include football at Gepps Cross, horse riding at Happy Valley and boxing in Adelaide. Connecting with community organisations helps to keep young people focused, use energy, keep fit and meet positive role models.

Four more young people have been linked with individual mentors recently. Time spent with their mentors is helping these young people to reconnect with education, friends and recreation as well as give them the opportunity to run concerns past someone who is prepared to listen and offer advice.

Volunteer Mentor **Brittany James** has recently been supporting a young person in the community who was unable to play netball anymore and had started to get into a bit of trouble;

*"Since meeting my mentee back in May, a noticeable amount of progress has occurred. I take my mentee to netball trainings and games. At first, my mentee refused to run with her team or do any type of warm up, would not talk to anyone and would just sit back. Now, her confidence is growing as she joins in on the warm ups, feels comfortable at games and is beginning to make great friends with the rest of the team members. My mentee was also holding on by a thread at school, but is now turning that around and putting a much bigger effort in with her schooling and thinking of the bigger picture and end goal which for her, is to work with animals in the future." -Brittany James*

The foundation understands how important it is to work with and support government departments such as **Families SA**. This year we have increased involvement in the **eXtreme Choices Program** - which targets some of the most at risk young people living in care. The young people in this program have been introduced to **Guidance Crew**, **Peregrine** Vocational Leaders, **Port Adelaide** great **Russell Ebert** and the girls from **Adelaide Roller Derby!** Great community contacts!

## Sammy D Impact Presentations

Between 1 April and 30 June 2011 the foundation delivered **Impact Presentations** 32 times and facilitated 16 **Workshops** reaching out to a total of **1100 people**. It's been a busy 3 months!

We are very proud of the results of program in 2010 and would like to share some of them with you.

In **36** presentations we engaged with **over 2000** people with evaluation results returned indicating that;

Before to the presentation:

- **70% of attendees had previously used physical violence against somebody, and**
- **62% of attendees did not realise the serious consequences of violence**

After the presentation it was found that:

- **95% of attendees would change their use of physical violence, and**
- **92% of attendees would try to stop their friends from using physical violence**

Most importantly, **up to 6 months following the presentation**, the audience is remembering the information provided in the presentation and their **behaviour is still influenced by Sam's Story**.

We are still receiving fantastic feedback from attendees, teachers and youth workers following presentations and workshops. Many people take the time to email us or write on the wall of our [Facebook Group](#). This is extremely satisfying and shows that the foundation is making a real difference in the community.

A full report will be available on our [website](#) soon.



Nat Cook and Nicky Kerr  
delivering an Impact Workshop

## Sammy D Party Wise

**Party Wise Parent/Teen Forums** are nearly ready to roll out. We have secured the involvement of **SA Ambulance Service** and along with **Drug Arm** we will be offering a fantastic range of information and facilitating some great communication between teenagers and their families. We hope to build on this by being able to offer Security for parties at a reasonable rate so if you have any contacts in the industry let us know!

Our TV Commercial is currently being updated and we aim to get it back on the air in the last half on the year so keep an eye out for this!

**"Don't Be the Idiot" – What does it mean?**

The **Idiot** is **THAT** person who ruins your night, spoils your party, starts fights, bullies people, is always at the centre of trouble...

**Don't let yourself or any of your mates be that person!**



## Community Engagement

It has been another busy quarter for the foundation with many opportunities to be out in the community raising awareness about youth violence.

On **1<sup>st</sup> April**, the Sammy D Foundation played a major role in **Launch It!**, the **National Youth Week 2011** launch event for the City of Onkaparinga area.

With the support of the **City of Onkaparinga Council** and other local service providers, a carnival event was held at Morton Road Reserve, behind Christie Downs Community House.

All who attended enjoyed the fun atmosphere with plenty of activities including rock climbing, hip-hop and BMX demonstrations, sponge throwing and donut eating.

Entertainment was provided by local bands **Exit** and **Pimpin Horus** and solo artist **Georgia Germein**.

A huge thank you to everyone involved, particularly the large group of **foundation volunteers** who helped to ensure a successful event.

**South Adelaide Football Club's Community Day** on **14<sup>th</sup> May** provided an opportunity for the foundation to have a presence at an SANFL night game, touch base with some old friends and meet some new ones.



**Sammy D Volunteer and Mentor Alex-Anne Hemphill playing with two young people at Launch It!**

## Volunteers

Our volunteers continue to work tirelessly to promote the Sammy D Foundation and make a difference in the lives of the young people they are working with.

A special mention must be made of our **Mentors** who are spending time on a fortnightly basis with **Guardianship of the Minister** kids at **Sturt** and **Noarlunga Community Residential Care** facilities. These visits are something that both volunteers and residents really look forward to and are proving to be successful in building relationships and sharing skills.

Since our last newsletter a further **20 volunteers** have been through the Induction program, which consists of:

**Volunteer Induction and Introducing Mentoring – 2 hours**

**Mentor Training and Child Safe Environments Training – 3 hours**

Opportunities to volunteer for the foundation are available across a range of areas.

If you would like to join the team and help us make a difference, please download a [Volunteer Registration Form](#) and send it to us. Alternatively contact us and we will send the form out.

## Spotlight on Supporters!

**Jeff Tate**

**Anglicare**

**Hahndorf Lions Club**

**Darlene Harper**

**Annette Semmens**

**City of Playford Council**

**Messenger Community News**

**Chisholm House – Cardijn College**

**Paula Wilkinson**

## Thanks to Chisholm House of Cardijn College

As part of **Cardijn College's** annual **Athon Day** students took part in a series of activities with the focus of raising money for a chosen cause. This year the **Chisholm House** chose the Sammy D Foundation and raised a massive **\$2163.50**.

Not only is this money vital in terms of providing support to young people in our community, the project has also helped to raise awareness in the group regarding the consequences of their choices and the work of the Sammy D Foundation. We hope to continue to build a strong relationship with the college and look forward to opportunities to engage with them in the future.



**Jordan Faccioli and Chantelle Mancini of Chisholm House Cardijn College With Neil Davis, Aimee Mitchell and Nat Cook**

## Sammy D Medal 2011

### Winner - Jai Redigolo

The Sammy D Medal is held each season between the Under 18s of South Adelaide and North Adelaide Football Clubs. It commemorates Sam's last game for South Adelaide and is awarded to the person who displays outstanding courage, commitment and spirit. These are the attributes that Sam always displayed when he played.



**Jason Torney, Nat Cook, Neil Davis and Jai Redigolo**

## 2011 City-to-Bay Sammy D Team

Run, Walk or Crawl  
Sunday, 18<sup>th</sup> September 2011

Join the Sammy D City-to-Bay team and help raise awareness about Youth Violence and raise funds to support our programs.

By registering to join the team via our [website](#) you will get:

Your Registration number  
A free **Sammy D – 2011 City-to-Bay** team shirt  
Cooked breakfast at the end of the run

When you have registered you can ask your friends and family to sponsor you. They simply follow this [link](#) and make a donation. **All sponsorship donations are tax deductible and a receipt will be sent for tax purposes.**

If you do not want to run but would like to be involved you can help with breakfast at Glenelg. Please contact [Janine](#) to offer your assistance.



## Fundraising

So that we can continue to support young people in achieving their goals, and in order to make a difference, fundraising is always of paramount importance to us.

There are a couple of ways you can help:

### [Collection](#) [Boxes](#)

Your Business may be able to have one of our collection boxes on site. Every bit of small change helps and quickly adds up to make a real difference. If you are interested in putting a collection box in your business please contact us on:

[info@sammydfoundation.org.au](mailto:info@sammydfoundation.org.au)

### [Online](#) [Shop](#)

The Sammy D Foundation online shop is now up and running with hoodies, shirts, wristbands and other merchandise available.

Visit our [website](#), click on the shop button and support the foundation today.

Wear our merchandise with pride and help to be Sam's voice.

## Meet the Team

### Mike George

"I am thrilled to be involved in the Sammy D Foundation because the work we do touches the lives of so many – just like Sam did! I am actively involved in the Brighton Cricket Club and Brighton Sports and Social Club.

I am an Assistant Principal – Student Services at Parafield Gardens High School and my passion in life is to help others to reach their full potential."



### Steve Webster

"I am fully committed to the amazing work of the Sammy D Foundation and it's a privilege to serve on this board to improve the lives of young people in SA. I have a strong background in Management, Governance and Social and Community Services and it's an honour to bring these skills to support the Foundation."



## Training Calendar

As part of our commitment to best practise in supporting our volunteers as they continue their work for the foundation, we will have three major volunteer induction sessions during the year. Up and coming dates are:

**Wednesday, 26th October 2011**

**Wednesday, 8th February 2012**

**Wednesday, April 18 2012**

Each of these Volunteer Induction sessions is a requirement for all new volunteers.

These sessions will be followed (generally within a week or two of the first session) by Mentor Training and Child Safe Environment training for those wishing to move into mentoring.

Please contact [Janine](#) about any of the Sammy D Foundation training sessions.

## Organisational Committee Meetings

The Sammy D Foundation Organisational Committee is responsible for many of the fundraising activities conducted by the foundation throughout the year.

The committee meets on the first Monday of each month and is open to anyone who is interested in being involved in helping the foundation move forward.

All meetings are held at Onkaparinga Youth Services Reynella (behind Fasta Pasta). Meetings start at 7:30pm. If you would like to be notified of each meeting and receive an agenda, please contact [Janine](#)

The remaining dates for 2011 meetings are outlined below:

**1st August 2011**  
**5th September 2011**  
**10th October 2011**  
**7th November 2011**  
**5th December 2011**

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*Sam's Voice. Sam's Message*