



Alcohol and Other Drugs Education

A primary prevention program designed to reduce the harm and impact of alcohol and other drug use in young people by empowering students to make informed decisions.



Students first participate in a drug and alcohol education presentation. Through this interactive session, students are provided with evidence-informed information to empower them to make safe, positive decisions regarding use.

Following the presentation students will break into class sized workshop groups to unpack strategies to keep themselves and their mates safe from harm. Covering topics such as:

- Myth busting, fact telling
- Stigma and empathy
- Support networks
- Strategies to navigate real life scenarios

Duration



Presentation: 50 min
Workshops: 40 min

Participation



Students in years 9-12

SAMMY D
FOUNDATION
YOUTH • LIFE • FUTURE

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Alignment of Sammy D Foundation's 'PartyWise' program with the Australian Child Protection Curriculum

Year 10 - Party Wise

| Focus area 1 The right to feel safe | Focus area 2 Relationships | Focus area 3 Recognising & reporting abuse | Focus area 4 Protective strategies |
|--|---|---|---|
| Topic 1: Warning signs 1.2 Warning signs 1.3 What if someone does not have warning signs. | Topic 1: Rights & responsibilities 1.1 What rights do children & young people have? | | Topic 2: Network review & community support 2.3 Community support network |
| Topic 2: Risk taking 2.3 Planning for an emergency | Topic 3: Power in relationships 3.8 Bystanders | | |
| | Topic 4: Trust & networks 4.1 trust 4.2 trusted networks | | |

Alignment of Sammy D Foundation's Party Wise program with the Australian Health and PE Curriculum.

Year 10 - Party Wise

| CODE | CONTENT DESCRIPTION |
|------------|---|
| AC9HP10P05 | propose strategies and actions individuals and groups can implement to challenge biases, stereotypes, prejudices and discrimination, and promote inclusion in their communities |
| AC9HP10P08 | plan, rehearse and evaluate strategies for managing situations where their own or others' health, safety or wellbeing may be at risk |
| AC9HP10P09 | critique health information, services and media messaging about relationships, lifestyle choices, health decisions and behaviours to evaluate their influence on individual attitudes and actions |
| AC9HP10P10 | plan, justify and critique strategies to enhance their own and others' health, safety, relationships and wellbeing |
| AC9HP10P01 | analyse factors that shape identities and evaluate how individuals influence the identities of others |
| AC9HP10P04 | evaluate the influence of respect, empathy, power and coercion on establishing and maintaining respectful relationships |