



Bullying Prevention Education

An eight-week, student led, inquiry-based bullying prevention program that empowers students to lead their own learning in small groups.



Through participation in 'True Colours' students will identify what bullying is, why it happens and how they think it can be stopped.

The Sammy D Education team will facilitate weeks one, five and eight and remaining weeks will be led by classroom or subject teachers. Topics include:

- Kindness and empathy
- Team building
- What is friendship?

Over the eight weeks students will spend a set amount of time working on their inquiry project, developing a research methodology, collecting and analysing data, identifying a solution/recommendation, and developing an innovative way to get their key message across to the broader community.

Students are only limited by their imagination and what they can achieve in the eight weeks.

Duration

8 weeks



Participation

Students in years 4-9



**SAMMY D
FOUNDATION**
YOUTH • LIFE • FUTURE

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Alignment of Sammy D Foundation's 'True Colours' program with the Australian Child Protection Curriculum

Year 4 - Bullying Prevention

Focus area 1 The right to feel safe	Focus area 2 Relationships	Focus area 3 Recognising & reporting abuse	Focus area 4 Protective strategies
Topic 1: Being Safe	Topic 2: Identity and relationships		Topic 1: Strategies for keeping safe
Topic 2: Warning signs	Topic 3: Power in relationships		Topic 2: Review of networks
Topic 3: Risk taking and emergencies	Topic 4: Trust and networks		

Alignment of Sammy D Foundation's 'True Colours' program with the Australian Health and PE Curriculum.

Year 4 - Bullying Prevention

CODE	CONTENT DESCRIPTION
ACPPS033	Being healthy, safe and active: Explore how success, challenge and failure strengthen identities
ACPPS034	Being healthy, safe and active: Explore strategies to manage physical, social and emotional change
ACPPS037	Communicating and interacting for health and wellbeing: Describe how respect, empathy and valuing diversity can positively influence relationships
ACPPS038	Communicating and interacting for health and wellbeing: Investigate how emotional responses vary in depth and strength
ACPPS042	Contributing to healthy and active Communities: Research own heritage and cultural identities, and explore strategies to respect and value diversity
ACPPS038	Contributing to healthy and active Communities: Investigate how emotional responses vary in depth and strength